

CATEGORY: CRISPY/STARTERS

Recipe	NUTRITIONAL DATA									ALLERGENS														
	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites	
CRISPY SEAFOOD ROLLS	373.58kcal	1551.68kJ	28.66g	4.60g	22.96g	4.94g	2.00g	7.06g	2.37g			Does contain		Does contain										
CRISPY DUCK ROLLS	328.41kcal	1365.53kJ	22.31g	3.62g	26.87g	9.53g	1.50g	5.87g	2.12g		Does contain											Does contain	Does contain	
CRISPY VEG ROLLS	348.58kcal	1453.68kJ	21.56g	1.88g	34.76g	5.84g	3.50g	5.66g	2.13g	Does contain													Does contain	
CRISPY SCHICHIMI SQUID	451.70kcal	1876.88kJ	30.84g	3.97g	16.22g	3.38g	0.00g	25.83g	3.69g		Does contain						Does contain							
TEMPURA KING PRAWNS	528.12kcal	2203.17kJ	36.49g	6.04g	40.69g	0.91g	0.00g	11.42g	3.90g		Does contain	Does contain		May contain			May contain						Does contain	
KOREAN FRIED CHICKEN	173.29kcal	718.13kJ	25.28g	0.79g	18.04g	11.93g	0.05g	1.23g	2.08g		Does contain											Does contain	Does contain	
THAI CHICKEN WINGS	529.09kcal	2196.38kJ	36.81g	7.02g	13.36g	10.43g	0.74g	36.88g	1.35g	Does contain	Does contain		Does contain	Does contain		Does contain		Does contain				Does contain	Does contain	

CATEGORY: CRISPY GYOZA

Recipe	NUTRITIONAL DATA									ALLERGENS													
	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
KIMCHI & CHICKEN GYOZA	307.98kcal	1286.22kJ	15.35g	1.16g	31.65g	8.64g	3.05g	9.49g	5.41g		Does contain	May contain	May contain	May contain			May contain			May contain	Does contain	Does contain	May contain
SPICY CHICKEN GYOZA	508.08kcal	2128.92kJ	18.71g	1.54g	63.30g	17.28g	6.10g	18.98g	10.82g		Does contain	May contain	May contain	May contain			May contain			May contain	Does contain	Does contain	May contain
PORK GYOZA	307.98kcal	1286.22kJ	15.35g	1.16g	31.65g	8.64g	3.05g	9.49g	5.41g		Does contain	May contain	May contain	May contain			May contain			May contain	Does contain	Does contain	May contain
BEEF BULGOGI GYOZA	307.98kcal	1286.22kJ	15.35g	1.16g	31.65g	8.64g	3.05g	9.49g	5.41g		Does contain	May contain	May contain	May contain			May contain			May contain	Does contain	Does contain	May contain
SHRIMP GYOZA	361.92kcal	1507.98kJ	21.34g	1.56g	31.65g	8.64g	3.05g	9.49g	5.41g		Does contain	Does contain	Does contain	Does contain			May contain			May contain	Does contain	Does contain	Does contain
TOFU GYOZA	305.58kcal	1274.22kJ	17.27g	1.66g	29.61g	7.68g	3.73g	6.30g	5.31g		Does contain	May contain	May contain	May contain			May contain			May contain	Does contain	Does contain	May contain

CATEGORY: STEAMED DUMPLINGS AND BAO BUNS

Recipe	NUTRITIONAL DATA									ALLERGENS														
	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites	
CHICKEN & WATERCHESTNUT DUMPLING	178.60kcal	752.80kJ	2.80g	0.31g	29.06g	9.66g	2.54g	8.36g	6.57g		Does contain											Does contain	Does contain	May contain
PORK & PRAWN SHAO MAI	149.20kcal	629.20kJ	2.24g	0.25g	24.68g	9.04g	2.03g	6.93g	6.36g		Does contain	Does contain	Does contain				Does contain					Does contain	Does contain	May contain
SPICY CHICKEN SHAO MAI	178.60kcal	752.80kJ	2.80g	0.31g	29.06g	9.66g	2.54g	8.36g	6.57g		Does contain											Does contain	Does contain	May contain
MUSHROOM DUMPLINGS	176.60kcal	742.80kJ	4.40g	0.72g	27.36g	8.86g	3.11g	5.70g	6.49g		Does contain					Does contain						Does contain	Does contain	
MIXED VEGETABLE DUMPLING	176.60kcal	742.80kJ	4.40g	0.72g	27.36g	8.86g	3.11g	5.70g	6.49g	Does contain	Does contain											Does contain	Does contain	May contain
SPICY MIXED VEG DUMPLING	164.75kcal	692.25kJ	4.40g	0.72g	24.68g	6.40g	3.11g	5.25g	4.43g		Does contain											Does contain	Does contain	May contain
PRAWN HAR GAO	120.40kcal	506.39kJ	0.50g	0.09g	21.06g	6.56g	0.00g	7.94g	6.31g		Does contain	Does contain										Does contain	Does contain	May contain
PRAWN & CHIVE DUMPLINGS	163.90kcal	691.00kJ	2.52g	0.28g	26.87g	9.35g	2.29g	7.64g	6.46g		Does contain	Does contain	Does contain	Does contain			Does contain					Does contain	Does contain	May contain
PRAWN & CORIANDER DUMPLINGS	163.90kcal	691.00kJ	2.52g	0.28g	26.87g	9.35g	2.29g	7.64g	6.46g	Does contain	Does contain	Does contain	Does contain			Does contain						Does contain	Does contain	May contain
CHAR SUI BAO	265.00kcal	1109.50kJ	9.50g	0.00g	38.40g	0.00g	0.00g	8.80g	0.88g		Does contain						Does contain					Does contain	Does contain	
GAI BAO BUN	265.00kcal	1109.50kJ	9.50g	0.00g	38.40g	0.00g	0.00g	8.80g	0.88g		Does contain	Does contain										Does contain	Does contain	
PEKING DUCK BAO BUN	477.00kcal	1997.10kJ	17.10g	0.00g	69.12g	0.00g	0.00g	15.84g	1.58g		Does contain											Does contain	Does contain	
MUSHROOM BAO BUN	477.00kcal	1997.10kJ	17.10g	0.00g	69.12g	0.00g	0.00g	15.84g	1.58g		Does contain						Does contain					Does contain	Does contain	
VEGETARIAN BAO BUNS	265.00kcal	1109.50kJ	9.50g	0.00g	38.40g	0.00g	0.00g	8.80g	0.88g	Does contain	Does contain											Does contain	Does contain	